

# LONDON CONFERENCE 2024



## SHARING BEST PRACTICES IN PASTORAL CARE

# SHARING BEST PRACTICES IN PASTORAL CARE

Conference Programme

Meet our Hosts:



Wellington  
Makala  
Chief Nurse

**NELFT NHS**  
NHS Foundation Trust



Debbie  
Smith  
Nursing Director

**NELFT NHS**  
NHS Foundation Trust

Register for an impactful conference on 17th September 2024, in the heart of London, where organisational leaders will converge to share and learn about best practice in pastoral care

This premier event, led by the North East London Foundation Trust (NELFT) a leading Trust for international recruitment and finalists in the Nursing Times Workforce Awards (Best International Recruitment Experience 2023) offers a unique opportunity to engage with experts and peers, explore innovative solutions, and enhance your organisation's approach to pastoral care.

## Supported by

This event is proudly supported by BPP University and IR Academy. Their involvement brings additional expertise and resources, enriching the conference experience and providing valuable insights and support to all attendees.



## About NELFT

North East London Foundation Trust (NELFT) provides an extensive range of integrated community and mental health services for people living in the London boroughs of Barking & Dagenham, Havering, Redbridge, and

Waltham Forest, as well as community health services for residents in Basildon, Brentwood, and Thurrock in South West Essex. We also offer Emotional Well-being Mental Health Services for children and young people across Essex and provide all-age eating disorder services and child and adolescent mental health services across Kent and Medway.

## Hosted by

Hosted by **Debbie Smith, Nursing Director, and Wellington Makala, Chief Nurse**, this event is an excellent opportunity to learn from **NELFT's** innovative international recruitment project, which has maintained a 100% retention rate despite being in a high-cost area. Engage with experts, explore innovative solutions, and enhance your organisation's approach to pastoral care.

## Location

Our London East (Portsoken) study centre is ideally situated between Aldgate, Aldgate East and Tower Hill Underground stations, and Tower Gateway DLR station.



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## Why Attend?

- **Expert Insights:** Hear from industry leaders who have successfully implemented pastoral care programmes that support staff well-being and professional growth. Learn from their experiences and gain practical advice that you can apply in your own organisation.
- **Best Practices:** Gain valuable knowledge on effective strategies, challenges, and solutions in pastoral care from top-performing organisations. Understand how to create a supportive work environment that fosters employee satisfaction and retention.
- **Distinguished Speakers:** Benefit from the wisdom of key stakeholders, including representatives from **RCN, UKVI, PNA UK, ZIMNA**, and more. Gain insights into the latest trends and developments in the healthcare sector from those at the forefront of the industry.
- **Networking Opportunities:** Connect with visionary leaders, social care providers, community interest companies, diaspora groups and other key stakeholders to exchange



ZIMNA UK



UK Visas  
& Immigration



Royal College  
of Nursing



PNA UK  
PHILIPPINE NURSES ASSOCIATION UNITED KINGDOM

ideas and forge meaningful collaborations. Build relationships with key stakeholders that can lead to future partnerships and initiatives.

- **Future Plans:** Discover forward-thinking approaches to workforce enhancement through international recruitment and ethical and sustainable practices. Learn about innovative recruitment strategies that can help you attract and retain top talent from around the world.

This conference is ideal for NHS staff, social care providers and local authorities, community interest companies, and other healthcare organisations looking to strengthen their workforce and improve staff retention through exemplary pastoral care. Whether you are a senior executive, HR professional, or frontline manager, you will find valuable information and resources to help you succeed in your role.

**The conference is free to attend, however prior registration is essential to guarantee a space. Due to the high level of interest and limited capacity, we encourage you to register as soon as possible to secure your place.**

**This is an opportunity you won't want to miss!**

Scan to learn more  
Or use this link:  
[qrcc.me/sg3wfxkb2yzm](https://qrcc.me/sg3wfxkb2yzm)



# SHARING BEST PRACTICES IN PASTORAL CARE

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**09:00 - 09:30** Welcome and Registration

**09:30 - 10:00** Introduction from IR Academy

Short courses and resources available for organisations conducting recruitment initiatives, to support high quality, ethical and sustainable recruitment.

**10:00 - 10:30** Introduction to BPP University

Established in 2007, BPP is the first publicly owned company in the UK to obtain degree-awarding powers. Since 2018, BPP University School of Nursing has focused on delivering practical nursing and healthcare education to students. The MSC Healthcare Leadership programme educates over 1,000 nurses and healthcare professionals annually across up to 9 cohorts.

BPP is dedicated to preparing students for employment in the UK healthcare sector, supported by their International Employability team, which offers tailored assistance throughout their educational journey. This session will highlight how BPP prepares healthcare students for employment and provides continuous support during their learning and career development.



**BPP**

Mike Kendrick

International Placement Manager

**10:30 - 11:00**

**Plenary Session: NELFT - Our story - Challenges and solutions**

Learn from London's foremost leader in International Recruitment and finalists of the Nursing Times Workforce Awards 2023 for 'Best International Recruitment Experience'. Discover how they exceeded their 2023/24 recruitment targets, successfully filled senior roles (Band 6 and Band 7) within the trust, reduced temporary staffing costs, and consistently garnered outstanding feedback from candidates on their pastoral care initiatives. Key insights include:

- Meeting Candidates face-to-face
- Recognition of prior experience
- Engagement throughout the trust
- Collaboration with external partners



Debbie Smith

Nursing Director

NELFT **NHS**  
NHS Foundation Trust



Wellington Makala

Chief Nurse

NELFT **NHS**  
NHS Foundation Trust

**11:00 - 11:30**

**Coffee Break & Networking**

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11:30 - 12:45

## Breakout Sessions and Group Discussions

### Group 1



Wellington Makala

Chief Nurse



Pastoral support for international recruits, opportunities and challenges in the healthcare sector.

### Group 2



Shahla Bahktiari

Lead Professional Midwifery Advocate (PMA)

Cultural adaptation support for international recruits.

### Group 3



Adam Lee  
UKVI

Sponsorship and visa requirements for international recruits, covering the necessary documentation and procedures.

### Group 4



Royal College of Nursing



IR.ACADEMY  
INTERNATIONAL RECRUITMENT ACADEMY

How to support ethical recruitment, including training and resources available for teams and candidates, provided by RCN and IR Academy.

12:45 - 13:00

## Feedback from plenary sessions and closing remarks for the morning

13:00 - 14:00

## Lunch

14:00 - 14:30

## NELFT presentation – The future for the Trust

Hear how and why NELFT continues to conduct ethical and sustainable recruitment campaigns, and consider options for the future of International Recruitment and domestic recruitment.



Debbie Smith

Nursing Director



Wellington Makala

Chief Nurse



14:30 - 15:15

## Royal College of Nursing: Breakout Session on Workplace Well-being for IR

Breakout session on workplace well-being for international recruits



Royal College of Nursing

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15:15 - 15:45 **Tea Break & Networking**

15:45 - 16:15 **Mymy Del Rosario: Stay and Thrive Programme**

Mymy Del Rosario is a Matron for Workforce, Inclusion and Education in Adult Community Services at Mid Yorkshire Teaching NHS Trust. She is also Chair for the Race Equality Network and a Cultural Ambassador at the Trust.

A member for the Philippines Nurses Association and the Filipino Senior Nurses Alliance UK, she mentors and provides pastoral support to internationally educated nurses enabling them to settle in the community and navigate career progression at her organisation. She is a believer of paying it forward and giving back to her roots. She was awarded the South Western University Outstanding Alumna for Nursing Practice on 2023 for supporting future nurses at her alma mater through education and training.

Mymy is a proud advocate of #StayandThrive within her organisation and across regions. This programme focused on behaviours to create compassion and inclusive cultures. It provides organisations an approach that can be tailored through collective leadership.



Mymy Del Rosario

Matron for Education



16:15 - 17:00 **Group Discussions: Creation of a Statement**

17:00 - 18:00 **Drinks Reception and Networking**

18:00 **Close**

**Note:** Please be aware that the event will include a coffee break, lunch, a tea break, and a drink reception, all provided by the hosts.



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### *Who is this conference for?*

This conference serves as a powerful platform for sharing knowledge and experience in pastoral care and support provided to international recruits of any organisation (including health, social care, community interest companies). Whether you work as a Recruitment Lead, in the Resourcing Team, as a Head of Nursing or within the Recruitment Team of an organisation, or are another senior leader or manager seeking to enhance your team's understanding of how to best support international staff, this conference is designed for you.

Please note this conference is designed for leaders and managers working in pastoral care or international recruitment - this conference is not designed for newly recruited international staff members.

*More information at:*

**Event Website  
Registration**

## CLIENT ENQUIRIES

[mail@ir.academy](mailto:mail@ir.academy)