

# Events

**August 9th**

*Taming Trauma Care and Emergency Management*

**September 6th**

*Pain Management:*

- Acute Vs. Chronic Pain: Dental And Medical Perspectives,
- Safe Opioid Prescribing And Alternatives,
- Temporomandibular Disorders (Tmd) And Chronic Orofacial Pain.

**October 11-12th**

*Future-Proofing Healthcare: Innovation, Prevention and Holistic Patient Care:*

## **Day 1: Innovations and Integrated Care**

- The Future Of Medicine: Technology, Equity and Access,
- Digital Health In Action – Telemedicine, Ai and Wearables,
- Holistic Approaches To Chronic Disease Management,
- Multidisciplinary Teamwork – Models That Work,
- Interactive Workshop: Greening Your Practice – Small Changes, Big Impact,
- Panel Discussion: What Innovation Means In Low-Resource And Island Settings.

## **Day 2: Prevention, Mental Health and Leadership**

- Preventive Medicine: The Most Powerful Prescription
- Mental Health In Medical Practice – Breaking The Silence
- The Doctor As Leader – Ethics, Communication and Decision-Making
- Interactive Workshop: Digital Tools In Diagnostics – From Apps To Algorithms
- Climate Change and Public Health: Preparing For The Unexpected
- Mauritius 2030: What Will Excellent Healthcare Look Like?

**November 8th**

*Antibiotic Stewardship In The Age Of Resistance*

- Latest Guidelines And Updates On Antibiotic Prescribing,
- Case Studies Highlighting Misuse And Overuse,
- Strategies For Implementing Effective Antimicrobial Stewardship In Hospitals And Primary Care,
- Emerging Resistance Patterns Globally And Locally.

**December 6th**

*Infectious Diseases In Clinical And Dental Practice*

- Cross-Specialty Infection Control,
- Hepatitis, Hiv, Tuberculosis, And Other Bloodborne Infections,
- Antimicrobial Resistance And Antibiotic Stewardship.

**January 24th**

*Ethics, Regulation and Professionalism*

- Ethical Decision-Making Across Specialties,
- Data Privacy And Cybersecurity In Health Records,
- Updates In Medico-Legal And Regulatory Requirements In Mauritius.

**February 21st**

*Cancer Detection and Management*

- Early Detection Of Oral And Head/Neck Cancers,
- Hpv-Related Oropharyngeal Cancers,
- Coordinated Care In Cancer Patients (Impact Of Chemo/Radiotherapy On Oral Health)

**March 14th**

*Technology and Innovation In Healthcare*

- Digital Health Tools In Dentistry and Medicine - Telemedicine/Teledentistry - Ai In Diagnostics.
- Imaging Innovations - Cross-Functional Imaging For Diagnostics (Cbct, Ct, Mri)
- 3d Printing In Medicine And Dentistry.

**April 18th**

*Public Health and Global Medicine*

- Non-Communicable Diseases (Ncds) - Role Of Both Gps And Dentists In Prevention And Management,
- Lifestyle Medicine And Preventative Care - Smoking Cessation, Alcohol Use, And Nutrition,
- Health Equity And Access To Care In Mauritius And The Region.

**May 9th**

*Mental Health and Patient Wellbeing*

- Mental Health In Clinical Practice - Recognising Depression And Anxiety In Patients - Burnout And Mental Health In Healthcare Professionals,
- Neurodiversity And Patient Care - Caring For Neurodiverse Patients In Both Medical And Dental Settings.

**June**

*Professional Development And Teamwork*

- Multidisciplinary Collaboration - Effective Referral Pathways Between Medical And Dental Practices,
- Leadership In Healthcare,
- Patient Communication And Cultural Competence.